



Holistic Pain & Stress Analysis

Heidi L Taylor

Holistic Pain Management Practitioner
Medical Intuitive & Psychic Medium

About You

Name: _____ Date: _____

Email (follow-up & newsletter): _____ Phone: _____

Your Pain

☐ Ache ☐ Sharp ☐ Burning ☐ Tingling / numb ☐ Stiffness ☐ Throbbing

Location(s): _____

How long? ☐ Days-wks ☐ Mos-yrs Intensity (circle): 0 1 2 3 4 5 6 7 8 9 10

What makes it better? _____ Worse? _____

Your Stress

Stress level right now (circle): 0 1 2 3 4 5 6 7 8 9 10

☐ Work ☐ Family / relationships ☐ Health ☐ Finances ☐ Other: _____

☐ Restful sleeper ☐ Trouble falling asleep ☐ Trouble staying asleep

How do you cope now? _____

Brief History

Injuries, surgeries, conditions, or anything else I should know:

Your Goal for This Analysis

☐ **Fair option** — Medical Intuitive Reading, 20 min, \$75 (today at the fair)

Continue With Scheduling a Private Session (check any that interest you)

- ☐ Holistic Pain Management — 60 min, \$150: whole-person work with pain's roots · extended care sessions.
- ☐ Hypnotherapy for Chronic Pain — 60 min, \$150: shift how the body holds pain · 4-session minimum (\$525, save \$75).
- ☐ Medical Intuitive Reading — 60 min, \$125: clairvoyant reading of your body's energy · single sessions.
- ☐ EMDR-Based Stress Management — 60 min \$150: calm the stress response + body scan · 3 session minimum.
- ☐ Kundalini Reiki — 60 min, \$125 · ☐ Usui Reiki — 60 min, \$125: gentle energy work for deep relaxation and balance.
- ☐ Ancestral DNA Trauma Clearing : -- 60 min \$125 release inherited trauma patterns in family lineage · 2 session minimum

Practitioner Notes
